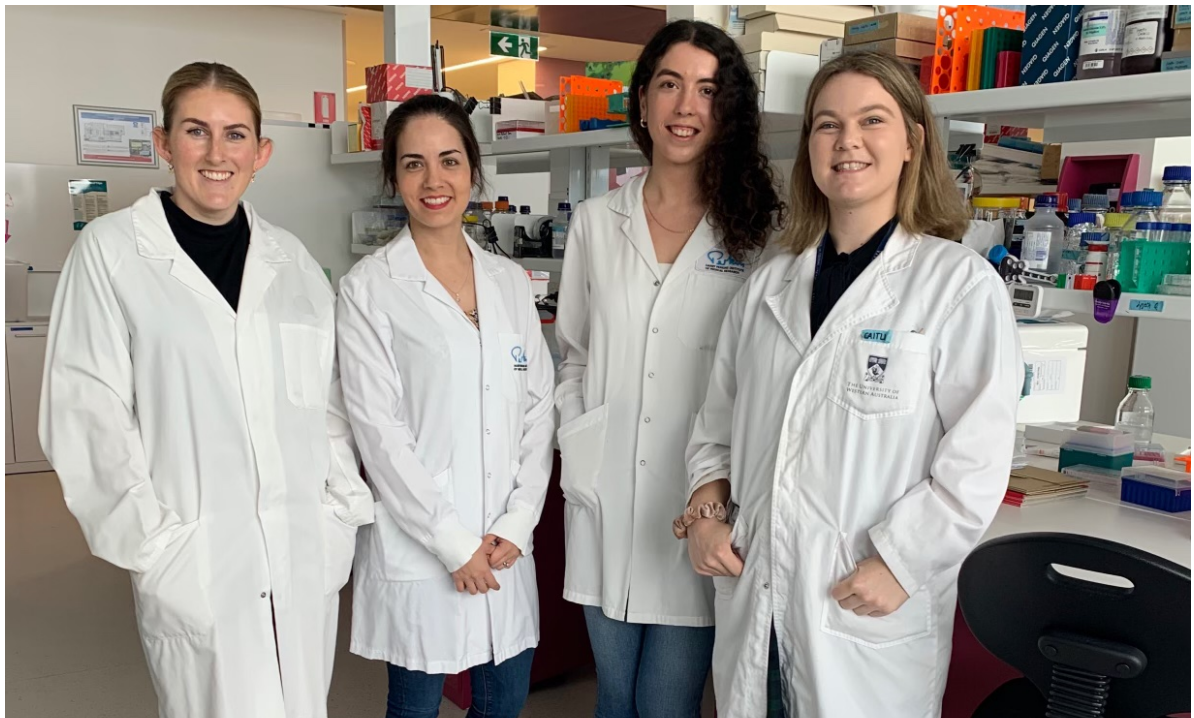




KINDNESS IN SCIENCE

Funded by a UWA Alumni Fund 'Activate!' Student Grant

Hi! We're the team behind the Kindness in Science workshop program to be held at QEii beginning in March 2021. We're PhD students at the National Centre for Asbestos Related Diseases, an NHMRC Centre for Research Excellence based on the QEii Medical Centre Campus. We all love science, but we can all agree that the science world can sometimes be intimidating and unkind. We want to change that.



The overarching goal of this program is for UWA HDR students to become kinder scientists in every facet of their research careers. We believe that the key areas that we can become kinder as scientists include ourselves, each other, the environment and the community. Based on this we have developed a free workshop series that will equip HDR students with the skills necessary to have better mental health and self-care practices, develop and maintain an equitable, diverse workplace, reduce your carbon footprint in science, and effectively communicate your research to the general public.



Sponsorship Opportunities

Throughout this program we will be hosting a series of free workshops for HDR students aimed at addressing the key areas of being a Kind Scientist. To encourage networking and inter-institute/inter-faculty collaborations, we would like to host a morning tea at the conclusion of each workshop and are seeking sponsors to support our program.

We are seeking sponsorship from local research institutes on QEII campus for each of our workshops. This \$500.00 sponsorship allows the institute to sponsor morning tea including coffee, tea and assorted food for a workshop of your choice. This will also include acknowledgement of your institute on promotional material and PowerPoint displays. We are also open to joint sponsorships with multiple institutes for a particular workshop, or sponsorship of another amount upon request.

Please see below a summary of the workshops in the Kindness in Science Program. We are currently finalising dates for the program, which will run from early March until late June. To register your interest as a sponsor and for further information please contact us via email at kindscientists@gmail.com.

Thank you,

Jess, Lizeth, Caitlin and Nicola
UWA Kindness in Science Team

Workshop	Summary
<i>What is Kindness in Science?</i> Dr Gina Ravenscroft, Harry Perkins Institute of Medical Research	This workshop will provide an introduction to our 'Kindness in Science' workshop program.
<i>Kindness to the Community 1: Oral Science Communication Skills</i> Dr Karl Gruber	This workshop will focus on how scientists can improve their oral communication skills including developing an 'elevator pitch', the use of analogies and how to answer questions about sensitive topics.
<i>Kindness to the Environment 1: Environmental Sustainability Workshop</i> Nikoline Borgermann, Ava Sustain	This workshop is run by Ava Sustain, a Danish company that specialises in running interactive seminars to brainstorm ways to reduce the environmental impact that research has.
<i>Kindness to the Community 2: Written Science Communication Skills</i> Dr Karl Gruber	The second science communication workshop will discuss how to improve written communication skills, such as vocabulary choice and summarising research papers for lay people.
<i>Kindness to the Community 3: Visual Science Communication Skills</i> Dr Karl Gruber	The last in our series of science communication workshops will be on visual communication such as posters, infographics and diagrams.
<i>Kindness to the Environment 2: Sustainability & Climate Awareness</i> UWA	This workshop will focus on the actions the UWA community is currently taking to address the environment impact of our work.
<i>Kindness to Yourself 1: General Mental Health</i> UWA	This workshop will discuss the importance of mental health and selfcare strategies that can be implement into day-to-day life.
<i>Kindness to Yourself 2: Mental health for students and academics</i> UWA	The second mental health workshop will focus on the mental health struggles associated with a career in science and research such as rejection, imposter syndrome and maintaining a healthy work/life balance.
<i>Kindness to other Scientists: Equity, Equality and Diversity in Science Panel Discussion and Q&A Session</i> Assorted invited speakers	Our final session will be a session with invited speakers from a diverse range of backgrounds (women, LGBTQI+, Indigenous, ESL). These speakers will share their experiences in science and what changes they would like to see for a more equitable future. A Q+A and closing ceremony for the program will follow.

